


Friendship Heights
Village Center



Calendar
of Events 2005

JULY						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Handling your finances Tanya Dabik, a financial advisor with American Express, will speak at the Village Center on Tuesday, July 12, at 10 a.m. . Topics will include: investment strategies, mimizing tax liabilities, and estate planning. The event is free, but please let us know you are coming by calling 301-656-2797.					1 10 a.m.: Conversational Spanish 10:30 a.m.: Coffee and Current Events 1 p.m.: Drop-in Bridge	2 8:15 a.m.: Walking Club 9 a.m.-1 p.m.: Twin Springs
3 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	4 2-4 p.m.: Fourth of July Celebration 	5 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 6:45 p.m.: Drawing and Painting 7 p.m.: Mat Pilates	6 9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training 1 p.m.: Portraiture in Pencil and Pastel 7:30 p.m.: Concert: Mariachis de los Compadres	7 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11:30 a.m.: Bones for Life 11 a.m. – 4 p.m.: Village Playtime 6:30 p.m.: Scrabble 7 p.m.: Bones for Life 7 p.m.: Movie: Beyond the Sea	8 10:30 a.m.: Coffee and Current Events 12:15 p.m.: Sunrise Special Lunch 1 p.m.: Special Performance: “Oliver” 1 p.m.: Drop-in Bridge	9 8:15 a.m.: Walking Club 9 a.m.-1 p.m.: Twin Springs
10 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers 11:30 a.m. – 1:30 p.m.: Art Reception	11 9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 11:30 a.m.: Strength Training 1 p.m.: Maurice Atkin, Life’s Voyage 2:30 p.m.: Drawing and Painting 7:30 p.m.: Yoga 8 P.M.: FRIENDSHIP HEIGHTS COUNCIL MEETING	12 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 10 a.m.: Financial Planning seminar 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse 6:45 p.m.: Drawing and Painting 7:30: Book signing with Curtis Sittenfeld	13 9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training 1 p.m.: Suburban Lecture: Cold or Sinus Infection? 1 p.m.: Health Insurance Counseling 7:30 p.m.: Concert: Cajé Trio	14 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11:30 a.m.: Bones for Life 11 a.m. – 4 p.m.: Village Playtime 6:30 p.m.: Scrabble 7 p.m.: Bones for Life 7:30: Book signing with Linda Greenhouse	15 10:30 a.m.: Coffee and Current Events 1 p.m.: Drop-in Bridge	16 8:15 a.m.: Walking Club 9 a.m.-1 p.m.: Twin Springs
17 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	18 9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Camp Friendship 2:30 p.m.: Drawing and Painting 7:30 p.m.: Yoga	19 8:15 a.m.: Walking Club 10:30 a.m.: Camp Friendship 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 6:45 p.m.: Drawing and Painting 7 p.m.: Mat Pilates	20 9:15 a.m.: Fit-4-Ever 10:30 a.m.: Camp Friendship 10:15 a.m.: Yiddish 3 p.m.: Improving Your Quality of Life 7:30 p.m.: Concert: Eric Hutchinson	21 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 10:30 a.m.: Camp Friendship 11:30 a.m.: Bones for Life 6:30 p.m.: Scrabble 7 p.m.: Bones for Life 7:30 p.m.: Café Muse	22 10:30 a.m.: Coffee and Current Events 10:30 a.m.: Camp Friendship 1 p.m.: Drop-in Bridge	23 8:15 a.m.: Walking Club 9 a.m.-1 p.m.: Twin Springs
24 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers 6 - 7:30 p.m.: Crab Feast	25 9:15 a.m.: Fit-4-Ever 10: a.m. – 2 p.m.: MVA Mobile Office 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 11:30 a.m.: Strength Training 2:30 p.m.: Drawing and Painting 7:30 p.m.: Yoga	26 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 6:45 p.m.: Drawing and Painting 7 p.m.: Mat Pilates	27 8 a.m.: Depart for Atlantic City 9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training 1 p.m.: Portraiture in Pencil and Pastel 1 p.m.: Health Insurance Counseling 7:30 p.m.: Concert: Squeeze Bayou	28 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11:30 a.m.: Bones for Life 11 a.m. – 4 p.m.: Village Playtime 1 p.m.: Chinese Brush Painting 6:30 p.m.: Scrabble 7 p.m.: Bones for Life 7:30: Book signing with Katherine Skiba	29 10:30 a.m.: Coffee and Current Events 1 p.m.: Drop-in Bridge	30 8:15 a.m.: Walking Club 9 a.m.-1 p.m.: Twin Springs
31 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers						

Shuttle bus hours



Monday through Friday 6:40 a.m. to 9:40 p.m.
Saturday and Sunday 8 a.m. to 7 p.m.

Village Center Hours

Monday through Thursday 9 a.m. to 9 p.m.
Friday 9 a.m. to 5 p.m.
Saturday and Sunday 9 a.m. to 2 p.m.

The Friendship Heights Village Center is open to everyone. People who live or work in the Village are especially welcome.

THIS MONTH’S SPECIAL LUNCH AND CONCERT

July’s special lunch, prepared by Dwight Robinson of Brighton Gardens, will be held on **Friday, July 8, at 12:15 p.m.** The menu will include tomato salad, stuffed peppers, garlic mashed potatoes, baby carrots, and lemon cake for dessert. The cost is \$7, which must be paid when you make your reservation. Please reserve your seat by Wednesday, July 6.

After lunch, please stay to enjoy a special cabaret production of “Oliver” performed by the Southeastern Theatrical Productions. Veteran actor Buren Martin and his troupe will reprise the roles of Fagin, Nancy, Bill Sykes, Oliver and the Artful Dodger. The Martins have performed in several off-Broadway shows in New York and have toured in nearly every state in the country.